

## **C - Courageous Connections**

“We develop friendships and intimate connections with others. We are courageous and take appropriate risks. We live out our potential and dreams by going out into a challenging world, and difficult situations. We speak up for justice, truth, and integrity of all people. We are mindful and selective as we venture into uncharted waters. We also teach others to be courageous by our example. We are blessed to have resilience, the ability to bounce back.”

Dr. Michael Obsatz

Storytelling in small groups or personal reflection. One by one, each person shares their answer to the first prompt below. Then go to next question and so forth. A person can pass.

- 1. Share a story about a big risk you took and what happened.**
- 2. Tell a story about being with a childhood friend.**
- 3. Share an experience of a challenging time in your life and what you did to be resilient and bounce back.**